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# Fluoride varnish applied at WIC clinics

Stanton- Mid-Michigan District Health Department (MMDHD) has been awarded a grant from the Fred and Lena Meijer Children's Health Care Fund to apply fluoride varnish to children 3 to 36 months of age enrolled in the Montcalm County Women, Infants and Children (WIC) program.

Parents will be given the opportunity to have their children participate in the program at their regularly scheduled WIC visit. The program will provide four applications of fluoride varnish per year and dental hygiene education for children and parents. Children with untreated urgent dental needs will be referred to MMDHDs Oral Health Coordinator, who will help parents find a local dentist for restorative care.

Applying fluoride varnish on newly erupted teeth is a safe and effective means of reducing the risk of developing cavities. Clinical studies show that fluoride varnish applied early and at regular intervals can reduce the susceptibility of tooth enamel to decay.

This grant will allow MMDHD to apply fluoride varnish to approximately 580 children at-risk of developing dental disease.

*Mid-Michigan District Health Department serves the residents of Clinton, Gratiot and Montcalm Counties.*

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