



MID-MICHIGAN DISTRICT HEALTH DEPARTMENT

Your public health team, connecting with our communities to achieve healthier outcomes

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Program helps those with chronic medical conditions

Ithaca, Stanton, St. Johns- Trying to manage multiple chronic medical issues can be overwhelming. You may feel as though you have nowhere to turn; no one to ask for help. But that just isn't the case, thanks to a fairly new program called Pathways to Better Health.

The program connects qualifying mid-Michigan individuals and families to community programs and services to better their health and their lives.... and it's totally free for those who qualify. To be eligible to participate, one must be 18 or older; have Medicaid, Medicare, Healthy Michigan, or be eligible; have two or more chronic health conditions; and live in Clinton, Eaton, Gratiot, Ingham, or Montcalm counties.

All services are provided at no cost in the client's home by a professional Community Health Worker who has received specialized training.

Community Health Workers help their clients with things such as:

- Finding family doctors and specialists
- Finding counseling services
- Providing medication assistance
- Applying for health insurance
- Providing nutrition education
- Accessing community services (assistance with clothing, transportation, housing, food, etc.)
- Providing health condition education and management
- And so much more!

If these needs sound similar to your own, know that help is available! For more information, or to see if you qualify, call 866-291-8691 or visit www.carehubihp.org.

Mid-Michigan District Health Department serves the residents of Clinton, Gratiot and Montcalm Counties.

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