

Mid-Michigan District Health Department newsletter for schools



Winter
2012

Outstanding communicable disease reporting

The Mid-Michigan District Health Department (MMDHD) would like to recognize the following schools that submitted their complete weekly communicable disease reports 90 percent or more during the 2010/2011 school year. District-wide, 55 schools submitted complete reports 90 percent or more during the 2010/2011 school year compared to 37 during the 2009/2010 school year.

Administrative Office

615 N. State St., Ste. 2
Stanton, MI 48888
(989) 831-5237 phone
(989) 831-5522 fax

Montcalm Branch Office

615 N State Street Ste.1
Stanton, MI 48888
(989) 831-5237

Clinton Branch Office

1307 E Townsend Rd.
St. Johns, MI 48879
(989) 224-2195

Gratiot Branch Office

151 Commerce Dr.
Ithaca, MI 48847
(989) 875-3681

www.mmdhd.org

Clinton County

Bath Elementary
Bath High
Bath Middle
Dewitt High
Dewitt Jr High
Dewitt Schavey Rd. Elementary
Dewitt Scott Elementary
Fowler High
Fowler Most Holy Trinity
Ovid Elsie EE Knight Elementary
Ovid Elsie Middle
Ovid Leonard Elementary
Pewamo Westphalia Jr/Sr High
St. Johns High
St. Johns Middle
St. Johns Clinton Co. Ed. Center
St. Johns East Olive Elementary
St. Johns Eureka Elementary
St. Johns Gateway Elementary
St. Johns Oakview Elementary
St. Johns Riley Elementary
St. Joseph Catholic
Westphalia St. Mary

Montcalm County

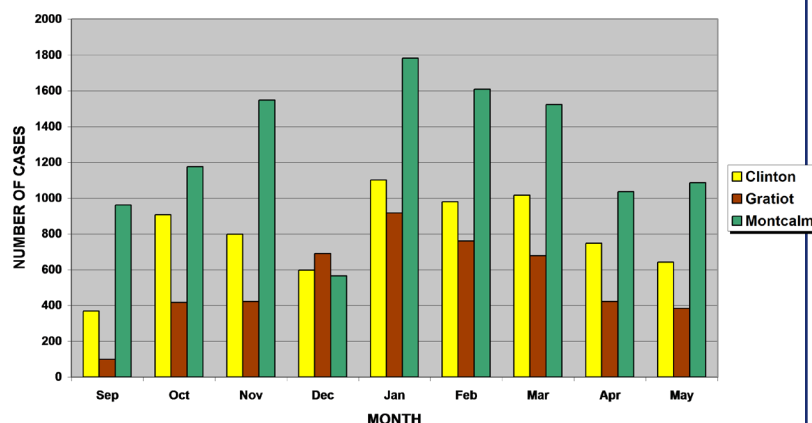
Carson City-Crystal Elementary
Carson City-Crystal Middle
Carson City-Crystal High
Central Montcalm Middle
Central Montcalm Stanton Elementary
Greenville Baldwin Heights Elementary
Greenville Cedar Crest Elementary
Greenville Lincoln Heights Elementary
Greenville Walnut Hills Elementary
Lakeview Bright Start Elementary
Lakeview Middle
Lakeview High
Lakeview Upper Elementary
MAISD H.O. Steele
MAISD Seiter Center
Montabella Elementary
Montabella Jr/Sr High
Tri- County Edgerton Upper Elementary
Tri-County High
Tri-County Sand Lake Elementary

Gratiot County

Alma Hillcrest Elementary
Alma Luce Road ECLC
Alma Middle
Alma Pine Avenue Elementary
Fulton Elementary
Fulton High
Fulton Middle
Ithaca Countryside Christian
Ithaca Jr/Sr High
St. Louis Carrie Knause Elem.
St. Louis Nikkari Elementary
St. Louis High

**Bold type denotes schools
with 100% reporting**

MID-MICHIGAN DISTRICT HEALTH DEPT.
SCHOOL REPORTING (2010-11 YEAR)
FLU-LIKE DISEASE BY COUNTY



Prompt reporting of communicable diseases allows MMDHD to take appropriate action regarding prevention, education and treatment of those at risk. It is also a state law that schools report communicable diseases, as well as the unusual occurrence or outbreak of any disease or infection within 24 hours.

Please continue reporting electronically via these websites:

Clinton County: www.communicablediseasereporting.com/clinton.php

Gratiot County: www.communicablediseasereporting.com/gratiot.php

Montcalm County: www.communicablediseasereporting.com/montcalm.php

Feel free to contact us if you have any questions regarding what, when, or how to report communicable diseases:

Clinton County:

Becky Stoddard, R.N.
bstoddard@mmdhd.org
phone: 989-227-3111

Gratiot County:

Lisa Mikesell, R.N.
lmikesell@mmdhd.org
phone: 989-875-1019

Montcalm County

Laura Grosskopf, R.N.
lgrosskopf@mmdhd.org
phone: 989-831-3615



MMDHD
Communicable
Disease
Supervisor

Sarah Doak, R.N.
989-227-3109
sdoak@mmdhd.org

WIC makes a difference

What is WIC?

WIC (Women, Infants, and Children) is a Federally-funded health and nutrition program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age five who have nutrition-related health problems. WIC has demonstrated a positive effect on pregnancy outcomes, and child growth and development. What's more, for every dollar spent by the program, more than three dollars in subsequent health care costs are saved.

How does WIC work?

Participants exchange WIC food benefits at approved retail grocery stores and pharmacies. WIC foods are selected to meet nutrient needs, such as calcium, iron, folic acid, and Vitamins A & C.

What does WIC provide?

- Food for infants (birth - 12 months)
- Food for women and children (under five years of age)
- Nutritional education
- High-risk nutrition counseling
- Health care referrals
- Breastfeeding promotion and support
- Project FRESH coupons (to purchase fresh fruits and vegetables)

Vaccinations save lives!

Thanks to advances in medical science, children are protected against more diseases than ever before. Some diseases that once injured or killed thousands have been completely eliminated, while others are close to extinction— primarily due to safe and effective vaccines. For example, children no longer need to get smallpox shots because the vaccine eradicated the disease worldwide. By vaccinating children against rubella (German measles), the risk of pregnant women passing the virus to their fetus has dramatically decreased, and associated birth defects are no longer seen in the U.S. Yet another example is the elimination of what was once America's most-feared disease, polio.

But with that said, it's important to note that children in the U.S. still get vaccine-preventable diseases. In fact, we have seen a resurgence of measles and whooping cough (pertussis) over the past few years. In 2010, the U.S. had over 21,000 reported cases of whooping cough and 26 deaths, mostly in children younger than six months. Unfortunately, some babies are too young to be completely vaccinated and some people may not be able to receive certain vaccinations due to allergies or weakened immune systems. To help keep these vulnerable groups safe, it is important for those who are able to get vaccinated to do so.

One group we may not think to vaccinate is adolescents. Adolescents between the ages of 11 and 18 years of age need vaccinations to prevent diseases such as whooping cough, hepatitis B, hepatitis A, chicken pox, measles, mumps, meningitis, and human papillomavirus.

If parents need assistance paying for vaccines, the Vaccines for Children (VFC) program may be able to help. The VFC program provides vaccines at no cost to children under 19 years of age who are Medicaid eligible, have no health insurance, are underinsured, or an American Indian or Alaskan Native. To find out more about the VFC program, visit www.cdc.gov/vaccines/programs/vfc/, speak with your doctor, or contact MMDHD.

Immunizations protect future generations. If we continue vaccinating, and vaccinating completely, parents in the future may be able to trust that some diseases of today will no longer be around to harm their children.

Parents should consult with their health care provider if they are unsure if their child's immunizations are up-to-date.

Guidelines

Gross income (before taxes) cannot exceed the following amounts:

Size of economic unit	Hourly	Weekly	Monthly	Annually
1	\$ 9.67	\$ 388	\$1,679	\$20,147
2	\$13.10	\$ 524	\$2,268	\$27,214
3	\$16.48	\$ 660	\$2,857	\$34,281
4	\$19.87	\$ 796	\$3,446	\$41,348
5	\$23.27	\$ 932	\$4,035	\$48,415
6	\$26.67	\$ 1,067	\$4,624	\$55,482
7	\$30.07	\$1,203	\$5,213	\$62,549
8	\$33.46	\$1,339	\$5,802	\$69,616

Note: a pregnant women is counted as one (1) plus the number of infants expected, (1 or more) when determining income eligibility for the total economic unit.

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